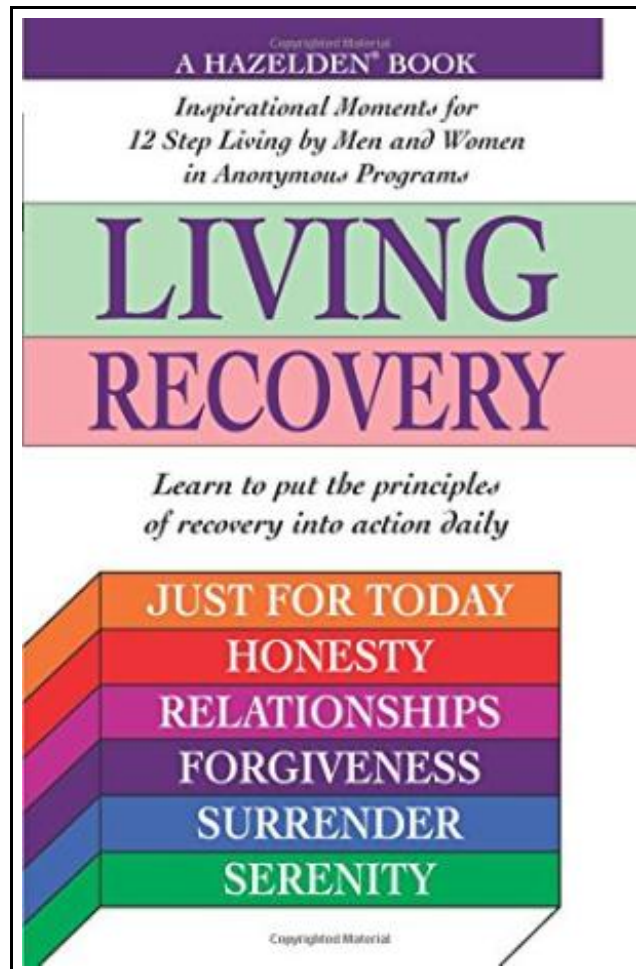


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Reviews

An extremely wonderful publication with lucid and perfect reasons. It typically will not expense too much. You are going to like the way the blogger compose this publication.

(Prof. Maya Hand)

LIVING RECOVERY



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Ballantine Books. Paperback. Book Condition: New. Paperback. 272 pages. Dimensions: 8.5in. x 5.7in. x 0.7in. These words, familiar to recovering people everywhere, describe the challenging realities we must face when we begin recovering from an addiction. And as life goes on there is a tremendous need for meaningful recovery support. Learning to deal with the different stages of growth and the new emotions that surface during the recovery process requires new living skills. Now all the pamphlets in the bestselling Hazelden Pocket Power series have been collected in this inspirational volume. Living Recovery provides an in-depth look at twenty-two tools for recovery, and offers pragmatic guidance in penetrating, yet easy-to-read reflections on: -- Accepting Criticism-- Forgiveness-- Freedom from Fear-- Gratitude-- Great Expectations-- Honesty-- Hope-- Humility-- Inadequacy-- Just for Today-- Letting Go-- Living the Principles-- Loneliness-- Loving Relationships-- Miracles in Recovery-- Patience-- Prayer and Meditation-- Reaching Out to Others-- Serenity-- Surrender-- Understanding Rejection-- When Doors Close. So whether you're recovering from addiction or you live or work with someone who is, the principles of Twelve Step living outlined in this book can guarantee a richer, healthier life. One hundred percent of the net proceeds from the sales of the Random House edition of Hockney's Alphabet will go to the American Friends of AIDS Crisis Trust for AIDS research and services to people with AIDS. Sir Stephen Spender invited a number of distinguished writers in Britain and America to contribute original texts for an alphabet to be specially drawn by David Hockney, the proceeds of which would benefit AIDS research and services to people with AIDS. The result is this stunning volume of ABCs for grown-ups, a unique anthology of art and literature. Here are the letters of the alphabet, in David Hockney's inimitable style -- created in a variety of media, including collage...



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