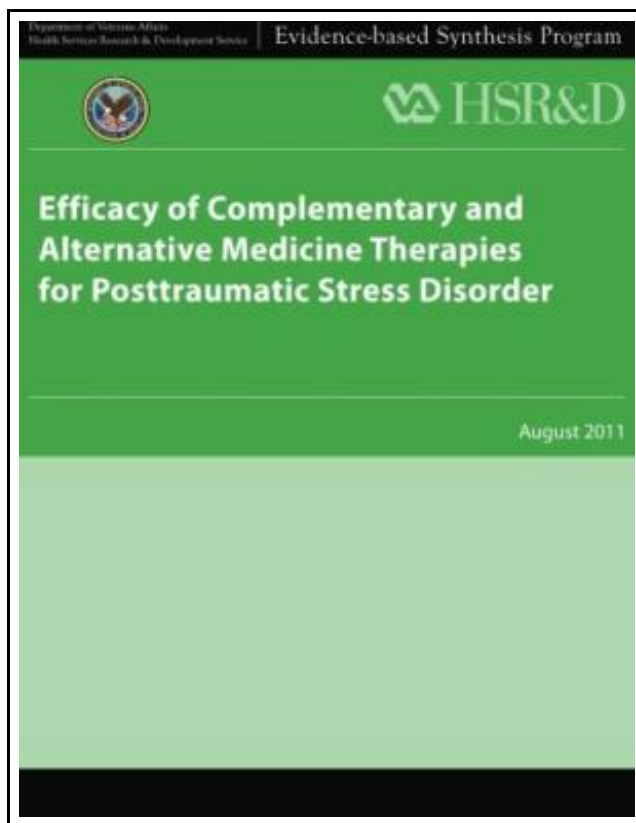


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EFFICACY OF COMPLEMENTARY AND ALTERNATIVE MEDICINE THERAPIES FOR POSTTRAUMATIC STRESS DISORDER (PAPERBACK)

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Createspace, United States, 2013. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.Posttraumatic stress disorder (PTSD) is among the most common Axis I disorders, with an estimated lifetime prevalence in the U.S. of approximately 7 . PTSD is often chronic and is associated with significant adverse consequences, including high rates of depression and other psychiatric comorbidities; substance abuse; suicidality; impaired social, occupational, and family functioning; decreased quality of life; and increased rates of medical morbidity, health risk behaviors, and health service use. PTSD is the emotional disorder most frequently associated with combat and other potentially traumatic experiences that may occur during the course of military service (e.g., sexual assault, motor vehicle injury). Over 2.2 million U.S. troops have deployed in Operation Enduring Freedom and Operation Iraqi Freedom (OEF/OIF). One anticipated consequence of this sustained period of military operations is the increased incidence of PTSD among Veterans. Among OEF/OIF Veterans who received Department of Veterans Affairs (VA) care between 2002 and 2008, 22 were diagnosed with PTSD. In addition to increased mental health service use among this newest generation of Veterans, the VA has witnessed the sharpest increase in mental health service use among Vietnam-era Veterans. As the VA strives to anticipate and serve the treatment needs of the Veteran population, including those returning from current Middle East conflicts as well as Veterans of previous service eras, identifying and implementing effective PTSD treatment approaches remains a critical priority. Complementary and alternative medicine (CAM) interventions are popular among consumers and are widely employed to treat diverse physical and mental health conditions. The results of a recent national survey show that nearly 38 of U.S. adults use CAM approaches to manage a range of physical and emotional health concerns, including pain, anxiety, and...



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